Science Students Society's



The Comprehensive Survival
Guide to First Year

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Presidents Welcome



First Years of 2022, Congratulations on earning your place at The University of Melbourne and welcome to your new home.

On behalf of the Science Students' Society (SSS), we are thrilled to welcome you to the Unimelb Science Family. This achievement is a testament to your perseverance and hard work throughout these challenging times. As one of the bright minds of our future, I have no doubt you will make the most of the endless opportunities presented to you here at university, and come out living a more complete, fulfilled life.

The SSS exists to help you make the most out of your time here at university, whether that be by making friends, challenging and developing yourself academically, or getting free food between classes! Our Society is the biggest at The University of Melbourne, and a home to ALL students of ALL degrees.

'The best years of your life.'

You are about to step into an endless world of opportunity at university. Breaking out of your shell, university offers a fresh start, where you can genuinely make lifelong friendships and cherished memories.

What I will remember of my time at university are the bonds I made, the memories I shared, and the friendships I will treasure for years to come. University is what you make of it, it is your chance to make mistakes and fail, meet new people, and find your passions - you just have to get out there and make the most of it.

And if you get the chance, I highly recommend you check out our Orientation Camp. Going to this was the best decision of my life.

I hope to see your smiling faces around campus soon!

Jasper Robbins President

Preface to this Guide

Current Students from the SSS Community have written this guide from their experiences at university, to support you through this transition. It details all the ins and outs of first year, having a social life and studying at Melbourne. You will be bombarded with information and overwhelmed at times during orientation, but this guide will always be here for you to look back on, and get help and support. As will the SSS.

Our Sponsors





























What is the SSS?

Starting at the University of Melbourne is both an exciting and overwhelming experience. Finding friends in a club makes it a little easier to navigate uni. There are so many clubs that are worth joining and checking out. The Science Students' Society in particular welcomes you with open arms!



The SSS is the largest student club at the University of Melbourne and the largest science student society in Australia. We are a faculty based club that is affiliated with the University of Melbourne Student Union (UMSU).

We are a committee of 15, working together to make the student experience exciting and unforgettable. Nonetheless, the best part of the SSS is that no member is more important than the other, which connects to our great culture of inclusivity and friendliness.





Joining the SSS is a great chance to meet new people and make the most out of uni. We host many phenomenal events such as fortnightly BBQs, O'Camp, Kegs n Sun, O'Week parties, End of Exams parties and educational events such as our Careers and Networking night and Internships Workshop. Attend our events, put yourself out there and make some friends!

To keep up to date with our events, like us on Facebook and follow us on Instagram @melbunisss

Written by Andii Box

Social Events

SSS O'Week Party

The biggest club on campus going all in for an amazing night with great music, drinks and fun! If you went on camp, you'll get to see all of your new friends again, and have another boogie with them all! Definitely a great event to kick off the year!

When: Semester 1 O'Week 21st-25th Feb 2022





Cocktail Party

Fancy Dress. Unlimited Drinks. Fun tunes. Bar tab at the after party. Say lesssss. Cocktail Night was one of the most popular and successful events ever run by the SSS. Run in 2019 pre-covid, this event sold out within 2 hours, with a line of 150+ people to get tickets at the first release.

When: Usually Semester 2

EOX

Begin your exam detox with our End of Exam party. You've made it through the semester and now it's time to let all that stress out. Let out even more stress by going to the M-ASS equivalent (MAX) which runs back-to-back with SSS EOX. They attract HUGE crowds from multiple

societies and degrees. Definitely not an event to miss

When: The last day of Unimelb exams



Social Events

BBQs



If you're a member of the SSS (\$5 a year) you can get FREE food at every. single. barbeque. Free food every 2 weeks, snags, friends and drinks. You get to see all the friends you made on O'Camp and at O'Week parties each time, enjoy a nice snag in the un on the perfectly kept green grass and there's always an opportunity to get involved and help out!

When: Fortnightly on Thursdays, 12-2pm

Free pizza, drink deals, cool costumes and more, SSS Costume Cruise is one of the biggest events of the year and you can always guarantee that someone will end up overboard! Get ready for a night to remember (or not remember). Grab all your mates and get ready to rock the boat as you dance the night away to banging tunes, because this isn't a night to be missed!

When: Semester 1, usually April/May

Costume Cruise



Kegs n Sun



A BBQ but even better with the free bevies. Sun is not always promised but good times are. You'll face the tough decision of whether you attend your class smashed or just don't attend at all.

When: A random Friday in Semester 1 and 2

Edu Events

STEM Careers & Industry Night

One of our biggest and most informative edu events of the year. It includes a panel of University of Melbourne, Bachelor of Science graduates who have succeeded in their careers through companies such as Microsoft, the CSIRO, EY and more! It is the perfect event to discover potential industry-based careers and receive advice from industry professionals.

Majors Night

The perfect opportunity to explore the 41 majors on offer in the BSc! You can hear from a diverse range of current students and recent graduates of different majors who break down their courses, discuss their experiences and answer your questions!

Internships Workshop

Coming to university, you'll realise that internships are an important step to bridging your path between education and the workforce. Along with the uni's Careers and Employability team, we break down the components of finding an internship, forming connections with industry professionals and employers and finding an internship which suits you!

Making Friends at Uni

Starting Uni can be scary! After being around the same people in high school for over 6 years, the concept of making new friends can be confronting and overwhelming, but I promise it isn't that bad! Making connections and new lifelong friends is the best part of Uni, and here we have some of our top tips to enable you to successfully create a network of friends over your first year!

Join different clubs and societies: Melbourne Uni has such a vast range of clubs and societies that cover so many different interests and hobbies, so there will definitely be one to suit what you're looking for! Attending events that these societies and clubs run are great gateways to meeting many people with similar interests, and from there you can meet many mutuals too! Obviously, you've got us, the SSS, but there are also other large societies that run many events including M-ASS. We both offer BBQ's on alternating weeks, so that's a lot of free food too which is a bonus;)

Meeting people in tutes: Tutorials in uni are very different from school. Unlike a high school environment where you see the same people all through the day, at university you often only see those in your tutes once a week. That is why it is important to take full advantage of the time you are together. It can feel very intimidating starting a conversation with someone you don't know, but I promise you, the person you're sitting next to is just as nervous and probably trying to work up the courage to say something to you. Once you break the ice it is easy from there!

Some easy conversation starters might be:

- What is your major?
- What year are you in?
- Do you know where I could find the best coffee on campus?

Making friends through sport: Another great way to meet new people is by taking part in the sports offered at uni. Whether it is soccer, athletics, or even quidditch you are interested in, MUSport offers lots of opportunities to get involved and make friends whilst doing something you enjoy. One must do If you are looking for a bit of fun is the mixed netball competition. With everyone participating looking to just have some fun and not take things too seriously, this is a fantastic way to get to know some new faces as you bond over lack of co-ordination.

Making Friends at Uni

Use your mutual friends: If you've come into Uni with high school friends, even if you may not have been that close or you've drifted a bit, these people can be helpful in helping you expand your social circles. When you're walking around campus, if you see someone you know, whether it be from high school, a tutorial, an event or a society, go up to them, regardless of whether they are in a group with other people. I know it's super confronting joining a large group only knowing one person, but this is the best way to form new connections and it's great to even just have these familiar faces to smile at on campus!

Find the free food or events: On campus, there is always something happening! Whether it be a BBQ, a picnic or smaller club event, there is always something to do! We, the SSS, run fortnightly BBQs with free food for members, and so does M-ASS on the alternating weeks. Attending one of these is great, because you get to meet a whole range of new people from different societies, and you get to bond over the free food, because hey, who doesn't love free food;) So, if you see anything happening as you are walking past South Lawn, channel your inner courage and see what it is, you'll be surprised at who you may meet!

Throughout the semester keep your eyes peeled for emails from UMSU (your student union) that frequently advertise social events aimed to facilitate the forming of new friendships. They run all kinds of events like speed friending and murder mysteries, as well as lots of workshops on all kinds of topics. These activities bring people together in a relaxed environment and are always a lot of fun. Keep an eye out for the return of Bands and Bevs. This infamous unimelb event hosted by UMSU is a super fun way to make friends whilst listening to great music and having a drink (if that is your vibe).

Once you have made a connection with someone, always remember to ask for their details may that be Snapchat, Facebook, phone number – whatever floats your boat. This makes it easier to keep in contact and increases the chance of seeing them again and starting a friendship!

Written by Lexi Kelsall and Bayden Hill

4 Tour of Local Establishments

If you (like us) enjoy a nice refreshing beverage after a hard day's work or want to explore Carlton with your new friends, the selection of local breweries and cultural establishments around Melbourne University is the perfect place for you. As there are many options, we'll run you through some of our favourites:

Ida Bar

Located above Union House, Ida Bar is the most accessible establishment around campus. Perfect for a quick drink between class, after class, after lunch or even before lunch, Ida Bar is the pinnacle of convenience. Featured in the infamous croom-goon ida-schoon (ask us what this is), Ida Bar is known for its location, chill vibes and pool tables.

Price: 🙀 🙀 🖗 🖗

Ambiance: 🙀 🙀



Shaw Davey Slum

Can't mess with the classics. There's something for everyone. Cheap drinks (even cheaper on a Wednesday night) for the tight-asses, colourful wallpapering for the aesthetically minded, dance floors for the disco kids and the best cocktails around. It's also a 5 minute walk from uni. Perfect! Just make sure to wear shoes that you don't love; the floors can get a bit sticky.



Prince Alfred's

If you love pub feeds, look no further. Best parma in the biz. The venue is large, with two stories and an outside seating area. The outside seating area is goated. For those that love to get blind and then get some dirty bird, there's a kfc up the road. There's amazing beer and cider options as well. Not to mention, it is right next to uni, so there's an ease of access when you need to forget about a recent prac or tute.

Price: Pr





Queensberry Hotel

Queensberry is an underrated one. The smokers area is great and the wine options are to die for. Despite the notable absence of a dance floor, the atmosphere is always great. The outdoor and indoor sections kinda melt into one but the place is always well ventilated. You're never cold at a QB pub sesh. There's always good uni deals too.

Price: Pr

The Clyde

Good spot, nestled right between Tin alley and Lygon Street, the Clyde is home to a cool bar set up and beer garden. The bar sits in the middle of the pub meaning you have easy access to your next beverage and the beer garden allows for escape from the noise of the interior, where you'll find a stage, piano and tables. Maybe not too conventional for your average night out but calls for some interesting drunken public nuisance. The prices are pretty average but the ambiance and easy location calls for it.

Price: (a) (b) (a) (b) (c) Ambiance: (a) (a) (a) (a) (a)



The Last Jar

The Guinness factory. Located on the corner of Elizabeth street and Queensberry street, The Last Jar offers an intimate upstairs experience via its beer garden and the finest selection of Irish drinks. Drinks are unfortunately a bit pricey, and it's a fair walk from the University grounds, however, if you enjoy an Irish ambiance, this is the place for you.

The Workers Club

Located in Fitzroy, Worker's Club is the ONLY place to be on a Monday night. With literally cheap-as-chips drinks, live music and an impeccable Fitzroy location, Worker's Club is the place to be.



Written by Max Tribe and Michael Simkiss

Tag Yourself BSci Edition

Yeah My Dad's a Doctor Too:

Started studying for the GAMSAT in the summer holidays and will certainly let you know about it. Also the kind of person to still mention their ATAR in an attempted flex. They are often seen hanging out in the Brownless Biomed library watching Gray's Anatomy.

Artsy McArtsy-Face:

Does a Bachelor of Science, but may as well be an arts student - they wear Doc Martens and they know all the best coffee places in Melbourne. Chances are, they're also vegan.

The Walking Paradox:

That one student who goes out every night, never seems to study, yet still has a 90+ WAM. Can be found frequenting the fine establishments of Shaw's and Queensberry on a very regular basis.

That Was Due Today?:

We all know one of them. No matter how many times you remind them of the deadline, they treat it as more of a "suggestion" than a "rule". However, they are also an absolute jet at writing up assignments at the last minute.

Castro's Kiosk is my Personality:

That one person who loves coffee just a littleeeee too much. Sure, who doesn't love a \$5 borek and a latte, but this person has a borderline obsession - their bank statement is just one long string of Castro's purchases. Hell, they probably have a shrine to the Spinach and Feta Borek at home.

Enthusiasm 10001:

Sometimes people go a little crazy signing up to things in O-week, and that's good! This person has probably signed up to every single club under the sun, and has drained their bank account paying membership fees. But throughout the year they meet a ton of cool people and do a heap of unique activities.

Majors Stereotypes BSci Edition

Geology

Imagine Cookie Monster eating cookies. Now replace the choc chip cookies with metamorphic rocks and the oatmeal cookies with sedimentary rock samples. That is a geology student.

Human Structure and Function

Tell me you want to be a doctor without telling me you want to be a doctor.

Environmental Science

Hipster who has a Greta Thunberg poster above their bed

Agricultural Science

MMMMMM sheep.

Mechatronic Systems

Has to explain what their major entails on a daily basis.

Data Science

\$\$\$\$

Chemistry

The most action they get in their lives is some covalent bonds...;)

Pharmacology

Saw one episode of Breaking Bad and now wants to be Walter White.

Human Nutrition

Can cook you a MEAN ham, cheese and tomato toastie.

Plant Science

Wants to move to Amsterdam to start a successful "plant" dispensary.

Zoology

Favourite movie is Madagasca

Physics

Hipster who has a Greta Thunberg poster above their bed.

Written by Nick Kluckow



FREE FOOD ALERT!! FREE FOOD ALERT!!

You know what they say, free food is the best type of food. So you know we are going to tell you when and where so you're not left out of the loop.

BBQ's - South Lawn is the mecca of the cheap eat. Usually, if the club is big/organised (i.e. us) you can sign up to enjoy a free snag/veggie option. There is a small one-time fee but for a year's plentitude of bbq's. The clubs with low entry fees include Science, Arts and Cheese Club.

UMSU Run Events - Pre-covid UMSU infamously ran events such as Tuesday Bands, BBQ and Bevs which combined free food and free music with bands such as The Jungle Giants and Camp Cope. They would also run free Thursday BBQ's on North Court and UMSU Welfare ran free breakfasts EVERY morning from 9-11am. We are praying this will come back in 2022 so keep an eye out!!

Crepes - Don't forget to claim your free nutella crepe from Carte Crepes on your last day of exams!

Unimelb food packs - The university offers food bank programs to support students!

- 1. Register to receive a fresh fruit and vegetable box
- 2. Register to collect frozen, vacuumed sealed meal packs from SecondBite

Go to this link: https://students.unimelb.edu.au/student-support/health-and-wellbeing/free-meal-packs-for-students

Or search "Free food packs unimelb" in your search bar

UMSU Food Bank - You can pick up a food pack anonymously from the UMSU information desk on the ground floor of Union House by approaching a staff member, or alternatively, email the UMSU welfare officers at welfare@union.unimelb.edu.au to arrange a time to pick up a pack.

Queer Lunch - If you are of the Queer community, the UMSU Queer department offers free lunch every Wednesdays at 1pm at the Queer Space (Level 3 of Union House)!

Written by Andii Box

Coffee Guide &

We don't endorse many types of addictions at the SSS, but we'll gather some leeway when it comes to coffee, especially when it comes to DISCOUNTED COFFEE! There are many, MANY coffee options at/around Melbourne Uni, but we'll run you through some of our personal favourites:



1 - Castros Kiosk, 10% off drinks for SSS members!

An SSS favourite and a short walk from croom! Castro's has great coffee, an inventive menu of hot chocolates, good food and super friendly staff! It's located just outside MSD and has benches to sit undercover - a nice spot to chill with friends while getting your caffeine fix!

2 - Cartes Crepes, 15% off everything for SSS members!

Carte Crepes is known mainly for their crepes (shocking I know), including their offer for a FREE Crepe on your last day of exams each semester! No wonder it's a crowd favourite, Carte Crepes is located to the left of South Lawn, just near the underground car park.





3 - Home Two, \$9 Jaffle and Coffee deal for SSS members Located conveniently next to the infamous Stop 1 tram stop, our \$9 jaffle and coffee deal is a must when it comes to eating your sorrows away after copping a generous fine from our fellow friends, the myki inspectors. They have an entirely plant-based menu with vegan and gluten-free options and offer 30 cents off if you BYO cup! So if you're looking for a more sustainable approach to your coffee addiction, Home Two is the place to go!.

4 - Woodside Green, \$1 off regular coffees for SSS members

If you're looking for something homey, Gilmore-girls-esque, funky latte art and super nice staff; Woodside Green is the place for you! Located on Cardigan st and just a short walk away from uni, it's the best place to cuddle up with a book and coffee.



Written by Anya Hemley

Good Food On and Around Campus

Eating. You can't live without doing it, so you might as well do it in style. Lucky for you we have compiled some EPIC eateries on and around campus.

On Campus



SSS Fortnightly BBQs

There is such a thing as a free lunch! Get down to the SSS' fortnightly BBQs on a Thursday for a free feed andfriendship hosted by yours truly.

Enjoyment:

Value:

FRFF

Overall:

Enjoyment:

Value: Overall:



Castros Kiosk

We at the SSS swear by Catro's boreks. They will satisfy all your needs in every way.





Zambreros

Burritos, Burritos and Burritos. Zambreros is a great healthy and filling feed if your willing to suffer the long line that comes with it.

Enjoyment:

Value: Overall:



Cartes Crepes

Enjoyment: Value: Overall:



For all your crepe needs head to Carte Crepes. Located right next to South Lawn, get 15% off when you show your science membership card and a sneaky free crepe after exams with proof!!



Good Food On and Around Campus

Off Campus



University Cafe

Located on the bustlin Lygon Street, Universal is one of the premier eateries. Best known for their \$14 parma and chips, universal is recognised for its value.

Don Don

Located right next to Melbourne Central, DonDon serves up budget friendly some slam dunks.



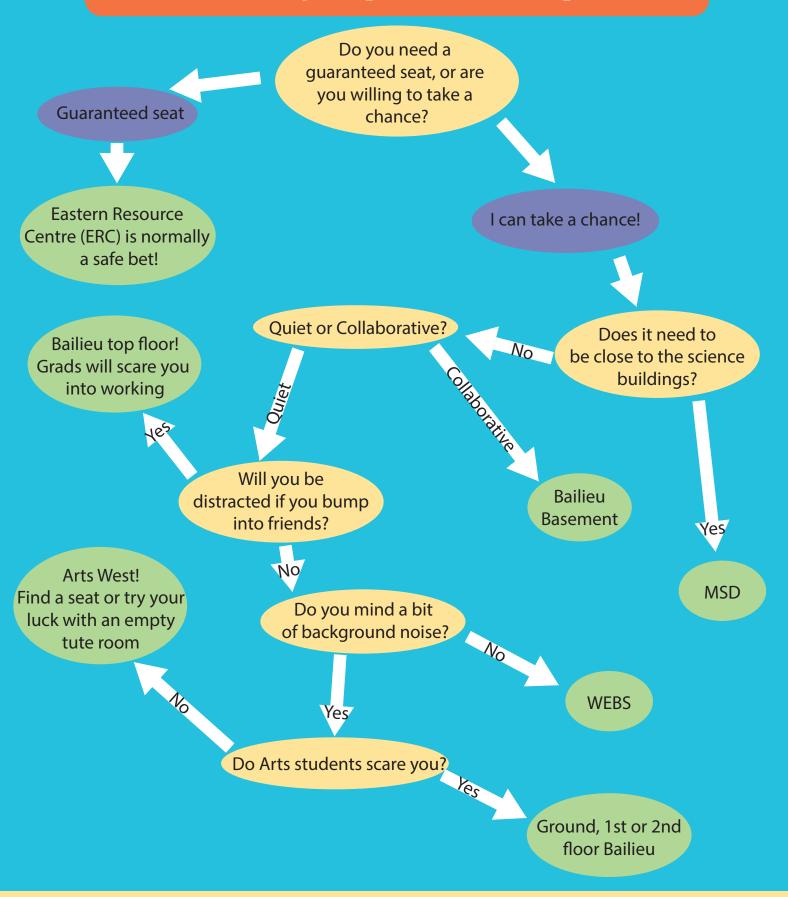


Brunetti

A nice grab and go located just a short walk from uni on Lygon Street. There's a great selection of pastries, coffee, paninis and pizza - anything that tickles your fancy

> > Written by Andii Box and Michael Simkiss

Study Spaces Map



, z **Z**

Best Places to Nap

3rd floor of Arts West - 7.5/10

Good couches, but the pillows are a bit harder than preferable. On the one hand, walking up those god-forsaken stairs could kill someone from exhaustion, they're a good way to get into the tired/napping mindset. Noise pollution is high, especially at the turn of every hour when people are leaving their tutes.

Top of Baillieu Library - 7/10

Quiet. If that's what you want, then come here. The stairs to get up there are disorientating but kinda cool. Don't be intimidated by the people studying up there. They're just as sleepy as you are. Close proximity to toilets (check out the cool graffiti art while you're up there) which is good. Comfortability is lower however, the chairs up there are not soft enough.

South Lawn - 9/10

Hard to go past lying in the sun and catching some ZZZs. This is a classic. The rustle of people is just loud enough to let you get to sleep, the grass is just long and soft enough to comfort your nap and there are enough trees for you to find shade. Not to mention it is so easy to get to. It is literally the centre point of the Parkville campus. What's not to love?

Car Park - 8/10

Cold and damp. The noise carries all the way to the innards of your brain. The concrete hurts your back and all the car engines are so easy to hear. But this one is apt for a specific moment. If you're in a foul mood this is it. You're tired, you're angry and you just want some sleep. Find the car park and you'll be fine. No one will bother you because no one is ever down there.

Written by Max Tribe

Tips for First Years

You're entering Uni, you're new, you don't know anyone. How do you survive? For someone who had very minimal high school friends coming to Melbourne University with me, starting was a scary experience, but here are my main tips to ensure you have the best possible first-year experience you can!

- Be prepared. One huge difference between high school and university is that in high school you have your teachers continually check-in to make sure you are hitting all the deadlines and slowly progressing to these deadlines as well. Lecturers and tutors have hundreds of students and can't constantly individually ensure you are working towards deadlines, so ensure to mark dates in a diary and keep checking them!
- Connect with people in your class. I know it's scary, but try and get some contact details of people within your class. Having them to support you, whether it be a text throughout class (if we're online) or someone to sit next to, these people can be a pillar of support and also help remind you when things are due or coming up. PS- they can also gossip with you throughout class (and who doesn't love a good gossip).
- Find a social to study balance that's right for you. It's very much a personal preference. For me, my social life was a key in my happiness and success in first year. For others, prioritising study was important, but don't undermine the importance of having a social network of friends. These friends are some that can last a lifetime, and in the end make the university experience so much better. Try making as much space in your study schedule as possible for social time, ultimately, it's first-year, you have time to settle and learn, so just try and make the most of it!
- Go to Events! Events are the best way to meet new people, see new faces and create new connections. These faces are amazing to have in class, or just to see around Uni! Familiar faces help you feel more comfortable, welcome and involved in University life, so make sure to attend as many events as possible!
- Use your elders. The SSS has such a welcoming community of students who have been through the first-year experience and also done many subjects over the years. If you need subject help, anyone would be happy to help, and if you just need a chat, everyone's DM's are always open too! Also, use your tutors! They are amazing and will help if you reach out! Just send them an email and they will respond and help out accordingly!

Ultimately, although it can be quite confronting coming into University, it's an amazing place, and over your first year you will create many lifelong memories and friendships! Make the most of your time, enjoy yourself and always remember to reach out to anyone if you need anything!

Written by Bayden Hill

What I Wish I Knew Before Uni

Clubs, Clubs and More Clubs

Want to get the proper uni experience? Join a club or society. Joining a club is THE BEST decision you can make and is the way to meet like-minded people and form solid friendships. How can you get involved?

- Attend UMSU's Summer and Winterfest, especially their club expos
- Attend the free BBQs, picnics and food stalls
- Attend their social and educational events

There is a club for literally everyone; science, arts, coffee lovers, cheese lovers, Harry Potter lovers, Eurovision lovers – you name it. Check out this link to get involved: https://umsu.unimelb.edu.au/getinvolved/clubs/

PTV: Mykis, Concession Cards and Tertiary IDs

Our special Stop 1 tram stop is renowned for its myki inspector invasions; the last thing you want is to sit through that feeling of extreme terror when they pull you aside and ask from your myki and you just know, you just know that you're about to cop a fat fine (like yours truly). By the time you're 19, you'll definitely need one of these - no more feeding off your child myki your parents paid for. So let's set the record straight when it comes to travelling with PTV...

- If you're studying full-time on campus you are eligible for a concession myki; concession fares give you a 50% discount on travel
- To apply you MUST get a PTV Tertiary Student ID which costs \$9 (PTV Tertiary ID Application Form)
- You are eligible for a PTV Tertiary Student ID if you're an Australian citizen or permanent resident, or, have refugee status, studying as part of an exchange program and hold an Australian Awards Scholarship (International students can apply for an iUSEPass)

Apps to download

- LostOnCampus is the best app to find your way around campus. This app shows you specific buildings and even rooms in the buildings, with pictures.
- UniSafe was created by the Safer Community Program at the University of Melbourne. Students can use the app to request a security escort to and from campus, access information about campus security and healths services such as counselling, disability liaison and international student support.
- The Happiest Hour a very convenient app that helps you find the best food and drink specials. Perfect if you're working a minimum wage job and are budgeting.

What I Wish I Knew Before Uni

Understanding your course plan

Make an effort to get to know your course plan. Usually this means thinking ahead, which can be stressful, but even if you don't know what major you want to do, keep your options open!

In a BSci you have to reach a total of 300 points to successfully complete, 50 of which will be dedicated to your major – but how many of these need to be breadths? Science Electives? Prerequisites? Click here for a list of Majors offered by UniMelb, each major will offer a sample course plan which includes the prerequisites required of each major. Head to My Course Planner which allows you to plan the entirety of your bachelor's degree in the form of a timetable!

Networking (not in the commerce type of way)

First thing people told me when I came to uni was to take every opportunity that I can to create the ultimate jaffy experience, AKA, make your uni social life a top priority... with your education coming in a very close second. Put yourself out there, step out of your comfort zone, attend events, meet new people, do stupid things. If you're not a going-out-type-person; attend the fortnightly BBQs, take the in-person class rather than the online one, join messenger group chats and plan study sessions. This is your time to meet people, establish new friendships and familiarise yourself with faces... because you're going to see them a lot... A. LOT.

It's okay to underload

There is always a misconception that you must finish your bachelor's degree in the matter of 3 years - that you must finish it on time. Sure, underloading may extend your degree but if it means improving your lifestyle, working on your mental health and focusing on other aspects of your life other than school - I see it as the most successful way to enjoy your university experience and in fact, it's a lot more common than you think. So common that I (and a lot of people I know) decided to do it too.

Where to get help

If you need help with a subject, planning your course or just anything to do with your degree, stop one is the place to go. If you need legal advice, advocacy, or to feel part of a community of people of colour, disability, queer, indigenous, women, international students or more, UMSU is your place to go. The University of Melbourne Student Union (UMSU) exists to make your life at university better - so take advantage of this community of great people.

Exchange ***

As I'm sure you know, exchange seems very far from happening at the moment (thanks covid), however if you're starting a science degree here it'll mean you have 3 full years at the least here at Melbourne, so you may very well get an opportunity. So if you want to know a little bit more about exchange in advance, continue reading here, as you will obviously need to do some planning beforehand.

Firstly, how does exchange even work? Well, there are actually two kinds, exchange and study abroad. They are both essentially the same thing except for one difference. Exchange means that you pay your Unimelb domestic fees (which will go on HECS), whereas study abroad means that you have to pay your host institute's university fees which will be more expensive and you will probably have to pay upfront. Also, you will have to apply yourself to the university you want to go to and do all the research and contacting, whereas under exchange, the process is much more streamlined and easy You just have to do the Unimelb application and then they will apply to the university for you.

The whole process can seem very daunting, as you can literally choose to go anywhere you want. Firstly, think about where you want to go. Do you want to go somewhere where they speak English? Or do you want to go somewhere where you can learn the local language? Some places may not have that many classes taught in English so if you choose to go to a country where English is not the primary language, do your research! And you should probably know and be able to understand a little of the local language. You should also consider if any of the universities you are interested in offer the subject areas that you want to study there. The university does have some resources already that can tell you what subjects offered at Unimelb and equivalent subjects at other universities which can also be a good way to pick where you want to go.

The most confusing, annoying and frustrating part of the whole process may be when you have to find what subjects to study. Hopefully the process is much easier now in finding and getting subjects approved. The way it works is that you need to find subjects at your host institute that are equivalent to ones that you would be wanting to study back home. The easiest way is to save up some of your breadth for this so you don't have to worry about finding exact matches and can just go study whatever interests you.

A good time to go on exchange is in your second year, second semester. Going in your third year can get a little difficult and stressful. This is because you must find equivalents for your subjects especially if they are compulsory for your major. If you are anticipating on studying a certain subject overseas but then rock up and it is unavailable, it can be quite a hassle trying to organise a new subject and getting it approved, which may not happen. So just be aware that this may end up delaying your degree a little bit if this happens.

One of the other important things you will have to consider is your budget. Part of the application process gets you to fill one out. Keep this in mind and have some savings lined up. However, you can get a global mobility scholarship of around \$2500 (https://students.unimelb.edu.au/your-course/study-overseas/financing-your-overseas-study/scholarships), and you can also take out another loan which is monetarily more. There are also many other scholarships/bursaries available, such as if you are studying a language or going to an Asian country. It will require some research and seeing if you fit the selection criteria, but there are many different avenues that can help finance your trip if this is something you are worried about.

If exchange may seem like it's too short or too long, there are also short term programs that go over the summer or winter period instead of a semester, or even a single subject you can take overseas. Or if you loved going on exchange so much, you can also extend or choose to go for a whole year.

Don't worry if things hit the fan! Something is bound to not go according to the way you planned it. There is no use in stressing and fretting about it. Take each experience as it comes and jump into as much as you can whilst you are away. There is so much to see and experience, and when else would you ever be given this kind of opportunity to go to another country and study there when you're older?

Written by Leon Wang

Moving Out Tips

For some of you, moving out of home may be on the cards for 2022. If so, here are some tips and tricks we'd like to share:

Applications:

- Lower your expectations for a house you'd be lucky to find one with the perfect price, location and quality (and even luckier to actually be accepted as a student).
- Use rent.com.au app to filter through inspections and go to as many as possible.
- Compile documents needed for your application (Bank statements, Rental reference, scholarship confirmation, parental guarantee and anything which makes you look good).
- Make sure to take pictures of EVERYTHING and have it in your initial condition report.
- Know your rental rights and read your lease check out https://www.housing.vic.gov.au/
- Change your Address (License, Banks, Electoral Office, ATO, Healthcare).
- Befriend people who live near the city so you have somewhere to crash.

Finance:

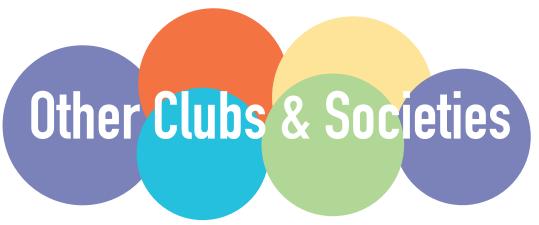
- Consider splitting rent costs depending on room size to avoid later resentment.
- Facebook marketplace has free/cheap furniture and most can be persuaded to deliver.
- Fridge and washing machine are essential whitegoods and can be bought off a second hand retailer/refurbisher.
- It's worth seeing if you qualify for financial assistance, such as Centrelink benefits.
- Coordinate who pays/organises utilities and bills (water, internet, gas etc) and set up automatic payments for regular bills.
- Create a spreadsheet and budget and prioritise your rent, utilities and food.

Housemates:

- Move in with people you know if possible. Your best friend isn't always best.
- If you move in with randoms, treat the application process seriously to find a good fit.
- Figure out your cleanliness standards and a chore roster that everyone thinks is fair.
- Decide on clear House 'Rules' which everyone agrees to so everyone's on the same page.

Food:

- Cooking will save you money and being a good cook is sexy.
- A nearby market will save you money on vegetables, otherwise ALDI saves you in the long term but doesn't have everything you may need.
- Learn some basic cheap meals and rotate through them (Pasta, Stir fry, fried rice etc).
- Imagine Gordon Ramsay calling you a donkey to motivate you to improve.
- Ideally try to split cooking with Housemates and cook in bulk to save money and time.



UMSU - University of Melbourne Student Union

UMSU is your student union which exists to advocate for you, provide opportunities for creative outlets and entertainment and, most importantly, allows the SSS to exist on campus. You know that \$313 Student Services and Amenities Fee you pay? Some of that portion goes to UMSU, and we believe strongly in getting your money's worth off the university by using it through them. They offer a huge range of events and free stuff including; Bands and Bevs, over 230 clubs and societies, union house, and departments for all your needs. Here are only some of the many clubs and societies affiliated with UMSU:

Melbourne Arts Students' Society (M-ASS)

M-ASS is the central hub for Arts students, but anybody, from any faculty can join! They run a host of amazing social and educational events - from Arts Ball to Publishing & Writing Night - which many of our members love to attend. This love is reciprocated, and you will often see arts students attending our events - it's a great opportunity to meet new people!

Engineering Students' Club (MUESC)

The Eng Club, as it is compassionately abbreviated to, is an endless source of fun times and good people. Students from all faculties (not just science and engineering!) congregate together for amazing social events, from pub nights to Eng Camp. So whether you're looking to meet new people or go out with old mates, the MUESC events are perfect for you!

Australian Music Appreciation Society (AMPS)

"Yo bro, have you heard of Tame Impala?"

"You probably haven't, he's super indie and underground, but I'm really into his stuff, he connects to me on a spiritual level"

Jokes, AMPS is nothing like this! It's an incredibly wholesome and welcoming club, where lovers of all sorts of Australian music come together to chat about music, recommend bands and have good times together!

Women* in STEM and Engineering (W*ISE)

W*ISE fosters an inclusive environment for women and non-binary individuals in the STEM fields, providing them with valuable networking opportunities and resources, and helping people to break through those glass ceilings which sadly still exist within industries today.

The Very Special Kids Society

There is nothing more rewarding than setting aside your time to help others. The Very Special Kids Society allows you to do just that, by running and attending fundraiser events designed to aid the Very Special Kids foundation in providing children's hospice and family support services for children with life-limiting conditions.

UniMelb Pirate's Club

Yes, there is a Pirate's Club. Yes, people dress up as pirates and drink. No, they don't do anything else.

Written by Nick Kluckow

UNMISSABLE EVENTS

Through this whole pandemic saga shifted things up a lot for anyone and everyone running events. We can't guarantee what will and will not happen, but here are some highlights from the University experience back in its heyday, that hopefully you will experience soon enough!



Bands, Bevs, BBQs

In their prime, UMSU hosted FREE Bands and Bevs every week, in North Court outside Union House. This included a free BBQ, free beer and cider, and free live entertainment! Once upon a time these acts included The Jungle Giants, Stella Donnelly, BABBA and so much more! Definitely a must for anyone keen to enjoy their lunchtime, Bands and Bevs takes place Tuesdays 12-2pm.

Oktoberfest

A magical night twice (?) a year, green filled the Ida Bar and North Court on campus as UMSU hosted their infamous Oktoberfest events. Open bar, open food, and lederhosen. What more can you ask for? How about your VERY OWN STEIN to take home! (if you're conscious enough to find it)



There will *hopefully* be SO MANY MORE fun events and activities for you to do just keep your eyes and ears open, and always be ready for a good time.

Written by Jasper Robbins

Subject Recommendations

Fun Breadths

Wellbeing, Motivation & Performance (EDUC10057) - Iris Esposito

Summary: WMP draws on psychology, education, philosophy and organisational science to discuss theories which explain an individual's subjective wellbeing, their overall performance, and how their motivation feeds their performance. I loved this subject, it really helped me understand scientific ways to develop my resilience and prioritise my self care, as I learnt that high levels of wellbeing are key to performing to the best of my ability. I did this over zoom and reckon it'd be even better in person!

Rating: 9 /10 Workload: 10/10

Assessments: A short quiz, a group assignment & a 1600 word wellbeing intervention plan

Comments: Only offered in semester one and as a summer intensive. Performance, Potential & Development, a semester 2 breadth, continues the WMP content and is really similar

Dancing the Dance (DNCE10027) - Hannah Jukes Frere

Summary: Dancing the Dance 1 is an interactive beginners dance course. It normally runs as a 2.5 hour class once a week on a weekday evening, at the southbank campus (the VCA) which is a 20 min tram from Parkville. You learn about ballet, hip-hop and jazz in a practical way with great teachers and in a supportive environment.

Rating: 8 /10 Workload: 9 /10

Assessments: The assignments for this class involve choreographing a group dance piece, writing about your intentions for it and then how you achieved them. I found them to be not difficult but because they were all group work it was really important that I had a good group.

Comments: I was unlucky and had all but one of my classes online which was pretty awful, but it was also a good break from the repetition of lockdown. Hopefully this class can be run in person in the future, which would be ideal because the one class I had in the dance studio was amazing. It was also a great WAM booster, as I found the assignments easy to do well in and that the amount of effort I put into them directly correlated with the mark I got.

Spontaneous Drama: Improvisation and Communities (EDUC10053) - Max Tribe

Summary: The subject covers a variety of different improvisational movements. From Commedia Dell'arte to TheatreSports, the subject offers lots of knowledge with a minimal work load. I did it over zoom and it carried over well. Can't imagine how good it would be in person

Rating: 9/10 Workload: 10/10

Assessments: 1000 word improviser profile, performance, 800 word reflection

Comments: only offered in semester two, no credit points needed

Subject Recommendations

Useful Life Skills Breadths

Principles of Finance (FNCE10002) - Jocelyn Phuong

Summary: This subject introduces you to the key concepts of finance. Topics include: time-value-of-money, risk and return, present value, capital budgeting, diversification, asset allocation, capital asset pricing model, leverage, risk management and the types and sources of financing.

Rating: 7/10

Workload: 7/10

Assessments: Online quiz, mid-semester test, exam

Comments: It's not too difficult if you keep up with the content as every new topic builds on the previous. Lectures do get a bit long and dry and working with formulas will be a big part of the subject but doing practice questions is the key to success.

Principles of Marketing (MKTG10001) - Jessica Kang

Summary: This subject looks at the different ways companies optimise brand image and identity to increase product value. This is explored through the basic theoretical framework of marketing, including segmentation, buyer behaviour, product management, market communications, channel management and pricing decisions.

Rating: 8.5/10

Workload: 4/10

Assessments: Pre-tutorial quizzes, individual essay, group assignment, research component, end of semester exam

Comments: Content was super applicable to the real world in terms of common marketing strategies that we encounter often in our everyday lives. The lecture format was really flexible and not too time consuming to watch. Dare I say even enjoyable??

Principles of Business Law (BLAW10001) - Sian MacDonald

Summary: The subject is an intro into law through a business perspective. You cover topics such as consumer protection law, property law, remedies for breach in contract etc.

Rating: 10/10

Workload: 9/10

Assessments: 2 online guizzes and 1 exam which are both open-book

Comments: The assessments are very similar to the practice tests you are given, so make sure to do your practice questions! There is only one 2-hour lecture a week, so it's also great for those don't want many contact hours. There are also optional tutorials during the semester if you need any extra help/feedback. Downside is that the exam is worth a massive chunk of your overall mark.

Subject Recommendations

Science Electives

Genetics in the Media (GENE10001) - Anya Hemley

Summary: The perfect WAM-booster. Discusses and evaluates genetics represented in modern day media. It's an online course (even out of lockdown). Includes weekly modules and independent student-led activities that take about 1 hour to complete and weekly 1 hour tutorials.

Rating: 8/10

Workload: 9/10

Assessments:

- Fortnightly quizzes based on the modules (only 5 multiple-choice questions!)
- 500-word brochure raising awareness for a genetic disease
- Video comparing reliable and non-reliable news sources on a genetic topic
- 500 word essay discussing and comparing the representation of genetics in movies
- 2 hour multiple choice and extended response exam

Comments: Although there seems to be a lot of assignments, they're quite easy and you have a lot of freedom with them. The modules cover the basics of genetics, so if you've done year 11 bio then you're set for success.

Human Science: Cells to Societies (SCIE10004) - Ellie Gu

Summary: The subject began with a general overview for 2 weeks and then covered four modules in relation to infectious diseases including evolutionary ecology, biomedicine, psychology and geography. The subject was structured really well with a focus on each module for 2 weeks followed by a quiz to wrap each up.

Rating: 10/10

Workload: 10/10

Assessments: 4 x multiple choice quizzes worth 10% each, final essay worth 60%

Comments: This subject was very enjoyable as the content was interesting and relevant to the current pandemic. The range of topics also gave good insight into the type of science subjects you may enjoy. The MCQs were quite straightforward and easy to do well in. While the essay was quite open ended, so it helped to start early to wrap your head around it.

Subject Tips

Extensions

There may be a time when certain circumstances affect your ability to complete an assignment/assessment task on time. If you're eligible, you can apply for an assignment extension for up to 10 working days. Your application must be submitted before the assignment's due date.

To apply: Speak directly to your lecturer, tutor or subject coordinator to discuss whether an extension is appropriate for your circumstances. You will be notified within 3 working days about your new assessment due date.

If your impact of circumstances requires an extension of more than 10 working days, you can apply for Special Consideration; eligibility includes being affected by an illness, bereavement, trauma or computer failure.

Breadths

Breadth subjects are great in terms of learning and educating yourself on topics you're interested in beyond your course and to broaden your horizons. Some choose ones that accompany their course, some choose easy subjects as a WAM-booster, whilst others choose breadth subjects to learn some useful life skills (see 'Subject Recommendations' for some of our favourite breadth subjects). There are many ways to find good breadth subjects; some good resources are older students. Beyond this, you can do some research on websites like ATARNotes, StudentVIP and more.

Intensives

There are a number of reasons why someone would choose to complete a subject during their holidays;

- Some people need to complete a bridging subject during the semester (e.g. fundamentals of chemistry) and complete their first year during the summer term (e.g. chemistry 2),
- Some people fail a subject and need to repeat it during the summer break
- Others decide to underload during the semester and complete intensive subjects during their breaks to keep their degree on track time-wise
- Some subjects are offered as intensives due to field trips involved with the subject.

Whether you decide to underload and want to still graduate in three years, or you just really enjoy field trips, intensive subjects are a really great way to get the most out of your university degree.

Subject Tips

Withdrawal dates

Throughout each semester there are multiple key dates that you should be aware of:

Last Self-Enrol Date

Usually within the end of week 2, the last date to change subjects. If you don't like a subject you can still switch to another one within this period.

Census Date

The last date to withdraw from a subject without needing to pay the \$800-1200 subject fee. Usually around week 6 in the semester. You can find your subject's Census date by searching your subject in the handbook and going to 'Dates and Times.'

Last date to withdraw without fail

Last date to withdraw before the subject shows up on your academic transcript. If you withdraw before this date, there will be no record of you withdrawing from the subject. Usually around week 8 or 9.

Underloading

Underloading is when you enrol in less than the typical 4 subjects per semester (usually in 2 or 3). There are various reasons why one would underload at university. Some people find it easier to find work/university/life balance whilst underloading, some do it for health reasons and others find focusing on fewer subjects helps them to improve their academic performance. There's always this initial misconception that we must finish our course within that 3 year model - but underloading is actually a lot more common than you think! Whatever your reason, underloading is a great way to find success at university. (International students may not be able to underload due to visa implications).

Edu's Guide to Mastering your Timetable

The first most difficult part of entering first year is enrolling, the second is timetabling. You have to preference your times, you'll choose the 8am class and regret it, you have to schedule around work and extracurriculars and after all that, you'll realise you put a class smack bang in the middle of our Thursday free BBQs and you'll constantly have to face the challenge of whether you cop yourself a free snag or a H1.

Well here's a tip from us to you:

SQUISH - Squish everything as close as possible. This limits waiting time, travel time, and also gives you more opportunities to work, be social and have fun. Try and timetable your classes into as minimal days as possible, so then you have the rest of the week free. This year I was able to get two full days of classes, which meant I had 3 days throughout the week pretty much free! Again, it's personal preference though, if you'd prefer them spread out, that's okay too. And hey, avoid every second Thursday around lunchtime, that's BBQ time! An extra tip - try to avoid Friday classes, a 3 day weekend is amazing!

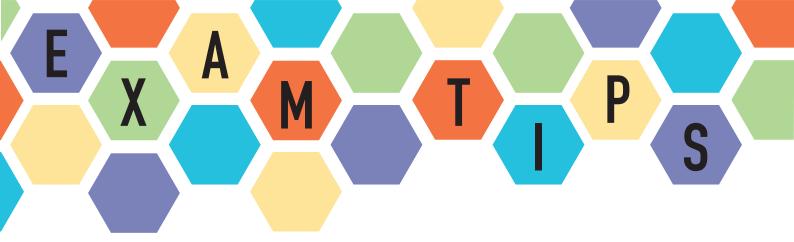
Get in quick with your preferencing - A few days after you enrol, you'll be able to start preferencing your lecture and prac times. Usually it works out fine, but sometimes if you're a little late to the party, you might miss out on your first preference. Preference entry period begins 11th of January and ends on the 7th of February.

Talk to your boss - Make your availability clear and if you can, set permanent days that you'd like to work.

You-Time - Always make sure to schedule in some time for yourself; Whether that's waking up early and going for a walk or a hardcore gym session at our favourite Big Momma's, always find some time to nourish your body, get a solid amount of sleep and some time to yourself. Here's an example timetable:

| Mon | Tues | Wed | Thurs | Fri | Sat | Sun |
|--------------------------|--------------------|------------------------|----------------------|-------|------|-------|
| Bio Lecture 1 | Bio Lecture 2 | Bio Lecture 3 | Genetics Workshop | Work | Work | Study |
| Genetics Lecture | Breadth Tute | | | | | |
| Psych Tute | Psych Lecture 1 | Psych Lecture 2 | Study | | | |
| Breadth Lecture | | | SSS/M-ASS BBQ | | | |
| | Study | Study | | | | Work |
| Bio Prac/Work shop | | | Study | Study | | |
| | | | | | | |
| | SSS Edu Event | SSS Social Event | | | | |

Written by Anya Hemley and Bayden Hill



Tip #1: DON'T PANIC

Worry not, young grasshopper, we're here to give you some sound advice and wisdom which has been passed down from generation to generation of the SSS. So buckle up, hold on tight and get ready to be amazed. And remember: don't panic.

Tip #2: Re-evaluate your priorities

Year 12 really wired our brains to make exams seem like life or death. Let us tell you here and now - how you do in these exams won't dictate your entire future. Failing one exam doesn't mean you'll be kicked out of uni and forced to live in a cardboard box, or worse, work in hospitality, for the rest of your days. The priority is your mental wellbeing! If you can feel yourself getting stressed to the breaking point, take a step back from studying and do something which makes you happy.

Tip #3: Don't be afraid to ask for help

We know how difficult it can be to swallow your pride and ask others for help, but if there's a particular subject or content which has you completely stumped, shoot a friend a message or your lecturer an email. Although we may not come across as the most intelligent of people, a lot of first-years don't realise the untapped resource in the form of their older SSS peers. Chances are one of us has passed whatever subject you're struggling with so shoot anyone from committee a message and they'll help you find someone.

Tip #4: Never underestimate a good to-do list

We know a lot of people preach the virtues of a good study timetable and if you are one such superhuman, then we admire your self-discipline. As for the rest of us mere mortals, if you're having to cram a lot of content in between your exams, we recommend putting together a list of worksheets, practice exams, videos, etc and get through as much as you can.

Tip #5: Worst comes to worst, youtube it

When all else fails, go look up Crash Course and Khan Academy to help you out with topics you just can't wrap your head around. You're welcome.

Tip #6: Sleep is important

The best way to spend the night before your 8:30am exam is NOT to stay up until midnight cramming lectures. This will only make you sleep deprived during the exam, and is just going to add to your stress. Try and get to bed by 10:00pm at the latest to ensure your head is clear; which has way more value than those few extra hours of cramming ever could.



Playing your favourite easy to watch sitcom in the background while you study always seems like a great idea... until you get to the night before your exam and realise you've memorised more of Michael Scott's lines than the process of the adaptive immune response. Slap on that fire study playlist, put that phone on airplane mode, whack on those glasses and get going. We suggest the 25:5 rule: 25 mins of hard study. 5 mins break. Repeat.

Tip #8: Crunch Time

When you take your seat, take a deep breath and remember what we said about these exams not being super important in the grand scheme of the universe. The right mindset is half the battle, so if you can maintain a headspace of calm determination, you're gonna kill it.

Tip #9: Exam Technique

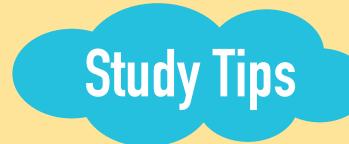
Here's one exam technique that may work for you, although feel free to experiment:

During reading time, skip past the multiple-choice questions and straight to the short answer and extended response. Read through each of these questions and order them from easiest to most difficult. When writing time begins, start with the easiest question and work your way to the hardest one then go ahead and complete the multiple-choice. The reason this works is because multiple-choice is a waste of all the mental energy you have right off the bat, so it's better to save them for the end and use them as a sort of 'cool-down' when you're already a bit spent. Going from easiest to hardest in the short response warms you up for the harder questions; you may not be able to do a 20 mark extended response question straight away, but when you start with a 3 mark question, your brain is going to get more active and flexible as you build confidence and momentum with each question.

Tip #10: Treat Yo Self

The exam is over, which is your cue to never think about it again. There's no point stressing about something AFTER it's over. Also, don't be one of those douchebags who asks everyone else their answers for such and such questions. Move on with your life. It's done. It's probably worthwhile taking the rest of the day off; we recommend going to grab a meal after with your family or friends. If it was your very last exam, congrats! You now have a couple of months off before you have to repeat the whole hellish cycle of procrastination and deadlines once again. Make sure you savour it and take the time for yourself. You've bloody earned it.

Written by Anya Hemley and Nick Kluckow





Make a study schedule Make it flexible! Remember to include time for breaks and leisure time



Create a to-do list Increase those dopamine levels by crossing tasks off



Try different study techniques
Study in groups, create flashcards, practice questions



Dedicate a day to each subject Monday - Bio, Tuesday - Psych, Wednesday - Computing, Thursday - Chem



Create a friendly study environment Play some music, remove any distractions, get out of bed... if you want



Take some self-care opportunities Go for a walk, take a shower, read a book



Get sleep Good sleep = good concentration, get your 8 hours people



Set daily goals and reward yourself
Feel like you've accomplished something no matter how
small

What To Do if Something Goes Wrong

Missing a Subject Hurdle

Subjects have hurdles like 50% in assignments, 80% attendance etc., and these can sometimes be tricky. If you fail one, don't freak out! You won't fail the subject immediately but here's a rundown of what may happen/what you should do if you run into this sticky situation:

- Contact your subject coordinator/Lecturer ASAP and see what your options are
- You will most likely receive some sort of make up (an extra writing piece, attending makeup classes...)
- If you don't receive a make-up, they can pass you if you do well in the final exam
- Most importantly, don't give up!

Failing an exam/subject

Shocker alert; this is way more common than you'd expect, and trust us, it's not the end of the world.

If you fail a subject, you can still complete your degree on time, get a job, and no one will really care (aside from potentially your first employer). After? It'll be irrelevant. Even if your degree is extended due to failing a subject – that's okay! In fact, more people extend their degree than you know. If you want to stay on track, some subjects are offered as intensives (1-8 weeks over summer/winter), so you can definitely make up for this.

If you fail a subject more than once, you may have to have a meeting with an academic supervisor. If this happens, contact UMSU Advocacy, they will help you through this. As far as prevention goes, make sure you know your subject's Census Dates https://www.unimelb.edu.au/dates), so you can drop a subject before it stays on your transcript.

Plagiarism

Although it's tempting to copy paste that beautifully written Wikipedia article, just don't. If you do plagiarise something in an assignment/exam, you will pretty much guarantee that you'll be caught. My best advice is don't do it. Those extra 3 marks aren't worth redoing a subject. However, if you are in a situation where you panic and plagiarise something, contact UMSU Advocacy. Do this before they come to you, it'll be your best chance.

Special consideration

Once again, if you have any extenuating circumstances outside Uni and need special consideration, contact UMSU Advocacy. They can help you out with applying for your special consideration, fee remission, and more.

Stop 1

If you have any other issues with administration, enrolling in subjects, etc., go to stop 1 or book an appointment online, they'll help you out (hopefully). I recommend booking so you don't have to wait in a massive line, or just get there early in the morning before the rush.

Wellbeing at Uni

The start of university enables you to experience many new and exciting opportunities, but it can be very daunting and stressful adapting to this new environment. It's completely normal to feel overwhelmed or lost during this period of immense change. One way to help you manage your time at uni is to establish a routine, making a weekly plan is a great way to ensure you have enough time to eat, study, and experience all the amazing co-curricular activities on offer at uni. Self-care however it manifests for you is incredibly important, whether it's catching up with friends, finding time to exercise, joining one of the clubs & societies, or coming to the very regular Science BBQs on south lawn. Finding time for self-care is a great way to help you manage the stresses of university, especially when it comes to getting through assignment season! There are many great services that can support you through your time at Uni whether it be financial, educational, or emotional. Don't be afraid to take advantage of these services some of which are linked below. Finally enjoy your first year of university. Uni rewards the people who step out of their comfort zone, introduce yourself to the people sitting next to you in your lecture, try a new activity, or join a club and I'm sure you'll have an amazing experience!

Useful information for study and support

Study skills: https://students.unimelb.edu.au/academic-skills
Past exams (only some subjects) - https://library.unimelb.edu.au/examination_papers
Good information for special considerations https://umsu.unimelb.edu.au/support/advocacy/
Counselling - https://services.unimelb.edu.au/counsel
Stop 1 - https://students.unimelb.edu.au/myuniapps/student-services-appointments
Student IT - https://studentit.unimelb.edu.au/

UMSU Support Services

UMSU is also a great place to go to when in need of support. They have a range of support services which offer advocacy for academic issues, financial support, access to resources and counselling for sexual assult, legal support and student networks for people of colour, LGBTQIA+, disability and other communities.

https://umsu.unimelb.edu.au/

Written by Jack Finlay Welfare Officer of the SSS

Useful Links

Here are some useful links which will help you navigate through the overwhelming mess that is first year uni:

QUICK TIP: if you ever need to find a link but don't know where to look - search in google 'what you want to look for + unimelb' and more often than not it'll be the first link.

My UniMelb Student Portal - my.unimelb.edu.au

The most central place in unimelb. Provides access to almost anything: timetable, LMS, Stop1, student IT, enrollment, and results.

My.unilife - my.unilife.unimelb.edu.au/studentlifeapp

Here for communication and information about peer mentoring, academic advising and clubs and societies links!

Library - Library.unimelb.edu.au

Pretty self-explanatory here but not a lot of students realise you can access almost all books, articles, content, and anything library-related really, online.

Careers online - Careersonline.unimelb.edu.au

Careers online gives access to everything careers related, duh. Whether you're looking for a job on campus, or events and workshops to gain further knowledge on employability skills.

Handbook - handbook.unimelb.edu.au/search

Ahhh the handbook. Extremely useful when trying to find another wam-booster breadth to take. The amazing advanced search tools makes finding a subject to take so easy and there is so much information on each subject in terms of the content studied, timetable, assessment information and more!

My Course Planner - https://students.unimelb.edu.au/your-course/manage-your-course Extremely useful when it comes to picking subjects and what prerequisites are required for your majors. This should be a go to when it comes to designing your course.

Key Dates - students.unimelb.edu.au/your-course/manage-your-course/key-dates Pretty much just gives you a list of all the semester dates, breaks, and exam dates. Helpful to plan those sick trips with your friends. Although your specific exam timetable won't come out until week 10/11.

Stop 1 - students.unimelb.edu.au/student-support/advice-and-help/stop-1 Hmmmm. So many opinions, so little time to explore. Stop1 supposedly helps you with all your academic needs. Good luck getting to them as phone waiting times can get pretty long.

Timetable - students.unimelb.edu.au/your-course/manage-your-course/class-timetable
The loveliness that is your timetable! Here you can plan your 12 weeks of the semester from lectures to practicals, it's all there.

StuDocu - www.studocu.com

On StuDocu you find all the study guides, past exams and lecture notes you need to pass your exams with better grades.

Symbolab - www.symbolab.com

Your go-to maths solver for all your maths needs.

O'CAMP

The single-handedly most BEST way to start your university experience is by attending SSS O'Camp.

A weekend spent with 150 other first-year students, filled with a mountain of fun activities that leave you with new friendships which will last the whole of your degree and beyond.

Open to University of Melbourne students of all degrees (yes, hello VCA students), going to O'Camp takes the edge out of orientation and starting new classes. You're always bound to see a familiar face at an event or around campus after attending camp.

So if you're ready to step out of your comfort zone, meet new people, create long lasting memories, friendships and gain a new found sense of confidence - camp is the place where it all begins!

When: February 18th-20th Where: Licola Wilderness Village

Visit our FaceBook and Instagram, @melbunisss, or our website, melbunisss.org for more information and to sign up now!



LOVE FROM THE SSS

Jasper Robbins, President
Dylan Mooney, Vice President
Lexi Kelsall, Secretary
Michael Simkiss, Treasurer
Jack Finlay, Welfare Officer

Jack Harrison, Senior On-Campus Events Coordinator
Kelly Liang, Junior On-Campus Events Coordinator
Andii Box, Sponsorship Officer
Rory O'Connor, Senior Off-Campus Events Coordinator
Cleo Tuckfield-Smith, Junior Off-Campus Events Coordinator
Hannah Jukes Frere, Design and Merchandise Officer
Anya Hemley, Junior Education Officer
Nick Kluckow, Junior Education Officer
Max Tribe, Social Media Officer
Bayden Hill, First Year Representative